

School Counseling Newsletter

Hainesport School Counseling Department

December 2021

Resources to Explore:

A Wrinkled Heart by Tracy Hoexter

Chrysanthemum by Kevin Henkes

Lilly's Purple Plastic Purse by Kevin Henkes

Punk the Skunk Learns to Say Sorry by Misty Black

Kindness Makes Me Stronger by Elizabeth Cole

Empathy Is Your Superpower by Cori Bussolari

Teach Your Dragon Empathy by Steven Herman

What's Up in K-5th Grade?

Kindergarten through 5th grade students learned about *EMPATHY* with their school counselors during the month of December.

Students learned what empathy is, how to put themselves in another person's shoes (perspective,) and how their words, behaviors, and actions have outcomes. Students should be able to identify what having empathy is. Students should also be able to think of someone else's point of view in order to empathize with that person.

K-5th grade students continue with Unit 2 of Second Step! Students are learning about managing their emotions. The themes of Unit 2 are: *Perspective Taking, Staying Calm, and Thoughts & Emotions.*

Important Dates in December:

Interim Grades

Interim (Mid Marking Period) Grades are reported in OnCourse

12/23/21



Winter Break!

Early Dismissal
12/23/21

WINTER BREAK!
12/24/21 - 1/2/22

See you next year!
Happy holidays!



What's Up in Middle School?

Middle School students continue with Unit 2 of Second Step! Students are continuing to learn how to recognize bullying and harassment, stand up safely to bullying, and respond appropriately to harassment. Some of the goals of this unit are: recognize various types of harassment and understand how they are different from bullying, understand the impact of harassment on individuals and the school community, understand students' rights to be protected from harassment, and to understand students' responsibilities to create a harassment-free school environment.

This unit's themes are:

★ *Bullying and Harassment, Conflicts, Helping Others, & Relationships*

December's Quote to Remember:

“Empathy is seeing with the eyes of another, listening with the ears of another and feeling with the heart of another.”
– Alfred Adler

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